

KYBELLA™ (*Non-invasive fat reduction*)

INTRODUCTION: KYBELLA™ (deoxycholic acid) injection is indicated for improvement in the appearance of moderate to severe fullness associated with submental fat, also called “double chin,” in adults. Deoxycholic acid is a bile acid naturally produced by our livers. KYBELLA is a synthetic form of this. The safe and effective use of KYBELLA™ for treatment of subcutaneous fat outside of the submental region has not been established. KYBELLA™ is injected into the fat under the chin. Multiple treatments are required and will be given at least 1 month apart.

RISKS OF KYBELLA™ INJECTIONS: Every injection of a drug involves a certain amount of risk. Below are risks reported during clinical studies that are specific to the injection of KYBELLA™

Common potential side effects include: swelling, bruising, pain, numbness, redness, and areas of hardness in treatment area. KYBELLA™ injections can also cause tingling, nodules, itching, skin tightness, and headache. These side effects typically resolve without treatment and do not usually result in patients stopping treatment.

Less common potential side effects include: **Nerve injury** could cause nerve injury in the area of the jaw resulting in an uneven smile or facial muscle weakness. In the clinical trials these all resolved without treatment in an average of 6 weeks. **Swallowing** can temporarily cause trouble with swallowing (this is thought to be due to neck swelling). **Skin Ulceration** could cause superficial skin erosions. **Hair Loss** could cause small patches of hair loss in the beard area. **Unsatisfactory results:** There is a possibility of unsatisfactory results. The procedure may also result in more noticeable platysmas bands, unacceptable visible deformities or asymmetry in the treatment area.

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BEFORE RECEIVING KYBELLA™ INJECTIONS: Tell your healthcare provider about all of your medical conditions, including if you:

- Have an infection in the treatment area.
- Have had or plan to have surgery on the face, neck or chin
- Have had cosmetic treatments on the face, neck, or chin
- Have had or have medical conditions in or near the neck area
- Have trouble swallowing
- Have bleeding problems or are taking blood thinners
- Are pregnant or plan to become pregnant. It is not known if KYBELLA™ will harm an unborn baby.
- Are breastfeeding or plan to breastfeed. It is unknown if KYBELLA™ passes into your breast milk.

Tell your healthcare provider about all medications you currently take, including prescriptions and over-the-counter medicines, vitamins, and herbal supplements. Tell your healthcare provider if you take a medicine that prevents the clotting of blood (antiplatelet or anticoagulant medications such as aspirin, non-steroidal anti-inflammatory medications).

If there is any concern, PLEASE call/text Kearny Mesa 619 692 9300 or Solana Beach 858 755 4366 AND email us photos to patients@beautyandbodylounge.com so we can further assess the situation.