

Morpheus8 POST CARE INSTRUCTIONS

1. After the procedure the treatment area will be cleaned and ointment might be applied.
2. Wound care: Let soapy water wash over the treatment sites (do not scrub) then apply ointment (such as Aquaphor or antibiotic ointment if prescribed by physician) to the treatment area twice daily for one week while the skin is healing. Tiny scabs may appear during the healing process. Please do not pick at the scabs.
3. Cleanse the treated areas gently with mild soap such as Cetaphil or Cerave and water after 48 hours. Avoid drying or irritating facial products including Retinol and acids (Salicylic, Glycolic, etc.) for 3 weeks after the procedure. Do not rub or irritate the area.
4. Although these effects are rare and temporary, redness and swelling may last up to 2 weeks and are a part of a normal reaction to the treatment. Bruises occur in some people and last 1 to 2 weeks and are a normal reaction to the treatment.
5. Limit physical activity and exposure to excessive heat (including fires) and UV light for 2 wks.
6. Only take prescribed pain medication or Tylenol for pain relief (not both) after your procedure, unless instructed otherwise. Other pain relievers such as Aspirin or NSAIDs (i.e. Advil, Motrin, Ibuprofen, Naproxen, Aleve, etc.) can thin the blood and cause bleeding or bruising. The only exception to this rule is if your primary care doctor has prescribed you to take a daily Aspirin, NSAID, or other blood thinner. Take all antibiotics unless instructed otherwise.
7. Do NOT drink alcohol for several days as instructed by the doctor after this procedure. Drinking alcohol can negatively affect healing and can cause thinning of the blood, bleeding, crusting and/or bruising.
8. If you have any questions or experience fever, chills, discharge, or extreme discomfort, please contact the treatment provider.