

Radiesse Pre and Post Care for Face & Body

What to expect:

- After your RADIESSE® dermal filler treatment you might experience mild swelling, pain, itching, bruising or redness, and sensitivity to pain. Please discuss any expected side effects with your healthcare practitioner.
- Your provider may periodically apply an ice pack to the treatment area to help reduce swelling.
- It is normal to feel 'firmness' in the treated area for the first few days; over time the area will soften.
- These possible side effects are usually mild and related to the procedure. Most are short term and disappear within the first few weeks. If any other side effects appear or you feel unwell, please consult your healthcare practitioner as soon as possible.

Aftercare

- Swelling may occur post treatment. This can be managed with a cool compress intermittently for 24 hours post treatment, and limiting excessive facial movements until swelling has resolved. A gentle massage with clean hands can be given if there are any residual lumps post treatment.
- Avoid excess exposure to UV light, heat such as sauna, and intensive facial treatments after your procedure.
- The treated area should be kept clean and free from contamination until injection sites have healed.
- Monitor the treatment area. If you notice: unusual pain during or shortly after treatment, discoloration of the treated area, or surrounding area, the skin of the face appearing mottled, pustule or cold sore formation or a bruise that looks unusual, consult your healthcare practitioner immediately.

Further treatment

- How long the effect of RADIESSE® treatment lasts is dependent on the individual. There are many factors to consider, such as the structure of the skin, your lifestyle and age. The procedure can be repeated. Please consult with your healthcare practitioner about what is appropriate for you.

Radiesse Buttock Treatment

- While results are instant and you're free to go on with most of your daily activities, we recommend no pressure be applied to the injection site, no hot sauna, hot tub or open bodies of water and no strenuous exercise for about 48 hours.
- Avoid sun and heat exposure for about a week. Bruising is the most common side effect and typically subsides in a week.