

### **Sculptra After Care for Face**

- Massage the treated area for 2 min, 2 times a day for 2 weeks OR 5 min, 5 times a day for 5 days.
- Within the first 24 hours after your treatment, apply an icepack or ice wrapped in a cloth to help reduce swelling (if there is any).
- Avoid putting ice directly on the skin. You may apply makeup a few hours after Sculptra treatment if no complications are present, ie open wounds or bleeding.
- Avoid sun and UV sunlamp exposure until swelling and redness have disappeared. Report any worsening or longer lasting signs or symptoms to your specialist.
- After care points to remember a few days after treatment, you may look as you did before treatment. This is normal and temporary. Sculptra aesthetic helps to gradually replace lost collagen Visible results appear within the first few treatment sessions.
- If your specialist indicated that you need an additional Sculptra treatment, make sure an appointment has been scheduled for you.
- Best results may require at least 3 consecutive treatments spaced 6-8 weeks apart.

### **Sculptra Buttocks after care**

- While results are instant and you're free to go on with most of your daily activities, we recommend no pressure be applied to the injection site, no hot sauna, hot tub or open bodies of water and no strenuous exercise for about 48 hours.
- Avoid sun and heat exposure for about a week. Bruising is the most common side effect and typically subsides in a week or so.